



Powerology

FLEXFORCE Cordless Electric Muscle Massager

SKU: PWHXRB510BK

Table of Contents

Product Overview	2
Safety Instructions	2
Operation	4
Specifications	8
Features	9
Care and Maintenance	10
Frequently Asked Questions	10
Troubleshooting	12
Disposal	13
Warranty	14
Contact Us	14

Product Overview

The FLEXFORCE Cordless Electric Muscle Massager provides targeted muscle relief using adjustable high-intensity vibration, hot and cold compress functions, red and infrared light, and multiple massage heads for permitted muscle areas only.



Safety Instructions

Warning:

1. Do not immerse the device in water or use it in wet conditions.
2. Do not use the device while it is charging.
3. Charge with a compatible certified adapter and cable matching the rated input.
4. Keep the device and battery away from fire, heat sources and flammable materials.
5. Do not use the device if it is damaged, swollen, leaking or unusually hot.
6. Do not disassemble, modify, puncture, crush, strike or drop the device.

7. Keep hair, loose clothing and fingers away from the moving massage head and attachment joint.
8. Do not use on the head, front of the neck, spine, bones, open wounds, inflamed areas or areas with reduced sensation.
9. Stop use immediately if you experience pain, numbness, dizziness, skin irritation or excessive discomfort.
10. Do not stare directly into the red or infrared light source.
11. Keep the device and detachable massage heads out of reach of children.
12. Consult a healthcare professional before use if you are pregnant or have a medical implant, circulatory disorder, nerve condition or other medical concern.
13. Do not use the hot or cold compress function continuously for more than 15 minutes, and allow the skin to return to its normal temperature before another session.
14. Do not operate, charge, or store the device outside the manufacturer-specified temperature limits.
15. Recharge the device at least every three months during extended storage.
16. If the device shuts off, charging stops, or an indicator behaves abnormally, disconnect it from power, allow it to cool, and contact service if the condition continues.
17. Do not charge or use the device if the charging cable, USB-C connector, charging port, or housing is damaged, loose, wet, or contaminated.
18. Use, charge, and store the device only within the temperature ranges stated on the product or packaging; if no ranges are available, contact service before use.
19. If a short-circuit, overcurrent, overvoltage, or over-temperature protection feature interrupts charging or operation, disconnect power, switch off the device, allow it to cool, and contact service if normal operation does not resume.
20. Do not use the hot, cold, red, or infrared functions unless the designated thermal or light-emitting surface and its operating settings are clearly identified.
21. After the 15-minute automatic shut-off, restart only non-thermal massage as appropriate; do not resume hot or cold treatment until the skin has returned to its normal temperature.

Attention:

1. Read and follow all instructions before use.
2. Start at a low intensity and apply only light pressure until comfortable.
3. Monitor the skin during hot or cold compress use and discontinue use if discomfort occurs.
4. Switch off the device before installing, removing or cleaning a massage head.
5. Clean the device with a soft, slightly damp cloth and do not use corrosive cleaners.
6. Store the device in a cool, dry place away from direct sunlight, and recharge it periodically during extended storage.



Operation

1. Charging the Massager

Before charging, inspect the charging cable, USB-C connector, charging interface, and housing; do not charge or use the massager if any part is damaged, loose, wet, or contaminated.

Connect a USB-C charging cable to the charging interface.

Connect the cable to a compatible 5V/2A power source.

Check the LED power display to monitor the battery level.

Allow approximately 2.5–3 hours for charging.

Disconnect the charging cable before using the massager.

2. Controls and Indicators

Use the power control to switch the massager on or off.

Use the increase and decrease controls to adjust the vibration level.

Use the heating control to activate the hot compress function and the cooling control to activate the cold compress function.

Use the light control to activate the red and infrared light function.

The LED display shows the selected vibration level and remaining battery power.

3. Massage Heads

The included detachable massage heads are the finger pressure massage head and the soft silicone massage head.

Switch off the massager before fitting or removing a massage head.

Align the selected head with the attachment joint and secure it fully before use; do not use a loose head.

Remove a head only after the massager has stopped completely.

The hot, cold, red, and infrared functions operate through the massager's designated thermal and light-emitting surfaces; they do not require a separate detachable massage head.

4. Starting a Massage

Select a massage head suitable for the intended area.

Position the massage head against the target muscle area.

Switch on the massager and begin at a low vibration level.

Move the massage head gradually across the muscle area rather than holding it continuously in one place.

The massager shuts off automatically after 15 minutes.

5. Adjusting the Vibration Level

Switch on the massager.

Press the increase control to raise the vibration level.

Press the decrease control to lower the vibration level.

Select from levels 1–10 according to the intended massage intensity.

Use the LED display to check the selected level and remaining power.

6. Using the Finger Pressure Massage Head

Install or select the finger pressure massage head.

Start at a low vibration level.

Place the head on a deep-tissue area or point of concentrated muscle tension.

Increase the intensity gradually as required.

Move to another area if the pressure becomes uncomfortable.

7. Using the Hot Compress Function

Position the designated thermal massage surface against the target area.

Activate the hot compress function using the heating control.

Monitor skin comfort throughout use.

Combine heat with a suitable vibration level if required.

Do not use continuously for more than 15 minutes; allow the skin to return to its normal temperature before another session.

Switch off the function after use.

8. Using the Cold Compress Function

Position the designated thermal massage surface against the target area.

Activate the cold compress function using the cooling control.

Monitor skin comfort throughout use.

Use the function with a suitable vibration level if required.

Do not use continuously for more than 15 minutes; allow the skin to return to its normal temperature before another session.

Switch off the function after use.

9. Using the Red and Infrared Light Function

Activate the red and infrared light function using the light control.

Direct the light-emitting surface toward the intended area.

Move the massager slowly across the treatment area.

Switch off the light function after use.

10. Using the Silicone Massage Head

Select the soft silicone massage head for sensitive or delicate muscle areas.

Begin with the lowest vibration setting.

Apply gentle contact to the target area.

Increase the level only if additional intensity is comfortable.

Clean the massage surface after use.

Specifications

Battery Capacity	-	2200mAh, 7.4V
Input	-	5V/2A
Rated Power	-	20W
Working Time	-	≥1 Hour (Varies by Function and Intensity)
Charging Time	-	≈ 2.5-3 Hours
Speed Range	-	5000RPM Max
Heating Levels	-	40° ,45° ,50° ±5°C
Cooling Levels	-	10° , 15° , 20° ±5°C
Vibration Levels	-	0–10 Levels
Auto Shut-Off	-	15 min
Wavelength	-	660nm / 850nm (Red & Infrared)
Charging Interface	-	USB-C
Product Weight	-	≈ 585g
Product Size	-	216 x 78 x 91mm
Model Number	-	PWHXRB510

Product Size	216 x 78 x 91mm
Model Number	PWHXRB510



Features

1. 10 adjustable vibration levels
2. High-intensity vibration performance
3. Hot and cold compress functions
4. Red and infrared light at 660nm and 850nm
5. Finger pressure massage head for targeted deep-tissue areas
6. Soft silicone massage head for sensitive areas
7. Two detachable massage heads for permitted muscle areas only
8. LED power display
9. 15-minute automatic shut-off

10. Cordless, flexible design

Care and Maintenance

1. Cleaning and Storage

Switch off the massager and disconnect the charging cable before cleaning.

Wipe the exterior and massage surfaces with a soft, dry or slightly damp cloth.

Do not immerse the massager in water.

Allow all surfaces to dry completely before storage.

Store the massager and its massage heads in a clean, dry location.

Keep the charging interface free from dust and debris.

Avoid dropping or placing heavy objects on the massager.

Frequently Asked Questions

1. How long does a full charge take?

Charging takes approximately 2.5–3 hours with a compatible 5V/2A power source.

2. How long can the massager operate?

Working time is at least 1 hour and varies according to the selected function and intensity.

3. How many vibration levels are available?

The massager provides levels 1–10, ranging

4. Which head is suitable for concentrated muscle tension?

Use the finger pressure massage head for targeted point-pressure massage, deep-tissue areas, and concentrated muscle tension.

5. Which head is suitable for sensitive areas?

Use the soft silicone massage head at a low intensity for gentle, low-irritation massage.

6. Why does the massager stop during a session?

The 15-minute automatic shut-off may have activated. You may restart the massager for non-thermal massage if another session is required; do not resume hot or cold treatment until the skin has returned to its normal temperature.

Troubleshooting

Problem	Likely Cause	Solution
The massager does not switch on	The battery may be depleted	Charge the massager fully, disconnect the cable, and try again.
The massager does not charge	The cable, power source, or USB-C connection may be loose	Reconnect the cable at both ends and use a compatible 5V/2A power source.
Charging takes longer than expected	The power source may not provide the specified input	Use a compatible 5V/2A power source and check that the charging interface is clean.
Operating time is shorter than expected	High vibration intensity or thermal and light functions may increase power consumption	Recharge fully and use a lower intensity or fewer simultaneous functions.
Vibration feels weak	A low vibration level is selected or the battery is low	Increase the vibration level or recharge the battery.
The selected function does not start	The corresponding control may not have been activated correctly	Switch the massager off and on, then select the required function again.

Problem	Likely Cause	Solution
The massage head feels loose	The head may not be fitted correctly	Switch off the massager and secure the massage head before resuming use.
The massager stops after 15 minutes	The automatic shut-off has activated	Allow the unit to stop, then restart it if another session is required.
The LED display is unclear or unresponsive	The battery may be low or the controls may require a restart	Recharge the massager, then switch it off and on again.
Performance becomes inconsistent	The battery may be low or the massage head may be obstructed	Recharge the massager and inspect and clean the massage head before use.
The exterior becomes unusually warm	Extended use or simultaneous functions may increase heat	Switch off the massager and allow it to cool before using it again.
The massager makes an unusual sound	The massage head may be loose or debris may be present	Switch off the massager, refit the head, and clean the contact surfaces.

Disposal

This product must not be disposed of as unsorted household waste. It is important to separate such waste for proper treatment and recycling, in compliance with local waste management regulations.

Warranty

Products that you buy directly from our Powerology website or shop come with a 24-month warranty.

The 24-month warranty applies to products purchased directly from our Powerology website or store. If Powerology products are bought from any of our verified retailers, then the product is eligible for only a 12-month warranty. To extend your product's warranty, visit our website www.powerology.me/warranty and fill in your details in the provided form along with an uploaded picture of the product to process your request. Once approved, you will receive a confirmation email of the extended product warranty. Upload the required information within 48 hours of purchase to be eligible for a 24-month warranty period.

For more info, please check: www.powerology.me/warranty

Contact Us

Email: **hey@powerology.me**

Website: **www.powerology.me**

Instagram: **[powerology_official](#)**

Facebook: **[powerology.ME](#)**